

SWH Legacy Consultants LLC

General Questions to Ask Your Healthcare Provider

Your Partner in Healthcare Organization & Advocacy

Patient Name: _____

Appointment Date: _____

Provider: _____

Understanding My Health

- ☐ What is my diagnosis?
- ☐ What may have caused this condition?
- ☐ Is this condition temporary or long-term?
- ☐ How serious is my condition?
- ☐ Could this be related to another health issue?
- ☐ Are there any warning signs I should watch for?

Symptoms

- ☐ What could be causing my symptoms?
 - ☐ Are my symptoms normal?
 - ☐ What symptoms require immediate medical attention?
 - ☐ When should I call your office?
 - ☐ When should I go to the emergency room?
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Testing

- ☐ Why do I need this test?
 - ☐ How should I prepare?
 - ☐ Are there any risks?
 - ☐ What will the results tell us?
 - ☐ When and how will I receive my results?
 - ☐ Will I need additional testing?
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Medications

- ☐ Why am I taking this medication?
 - ☐ How should I take it?
 - ☐ What side effects should I expect?
 - ☐ Are there foods, drinks, or medications I should avoid?
 - ☐ What should I do if I miss a dose?
 - ☐ Is a generic version available?
 - ☐ How long will I need to take it?
 - ☐ Can any of my current medications be stopped?
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Treatment Plan

- ☐ What are my treatment options?
 - ☐ What are the benefits and risks of each option?
 - ☐ What happens if I choose not to receive treatment?
 - ☐ Are there non-medication treatments available?
 - ☐ What outcome should I expect?
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Lifestyle

- ☐ Should I change my diet?
 - ☐ Are there exercises or activities I should do or avoid?
 - ☐ Should I lose or gain weight?
 - ☐ How can I improve my overall health?
 - ☐ Are there healthy habits that may improve my condition?
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Follow-Up Care

- ☐ When should I schedule my next appointment?
 - ☐ Do I need to see a specialist?
 - ☐ Will I need repeat blood work or imaging?
 - ☐ What should I do before my next visit?
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Care Coordination

- ☐ Can you explain today's plan in simple terms?
 - ☐ Can I have a copy of my visit summary?
 - ☐ Should I share this information with my other healthcare providers?
 - ☐ Is there anything else I should know?
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Before Leaving My Appointment

- ☐ I understand my diagnosis.
- ☐ I understand my treatment plan.
- ☐ I know how to take my medications.
- ☐ I know when to follow up.

☐ I know how I will receive my test results.

☐ I received any necessary referrals.

☐ I received copies of my instructions.

Additional Questions

Notes

Remember:

You are an important member of your healthcare team. If you do not understand something, ask your provider to explain it in another way. It is okay to ask questions until you feel comfortable with your care plan.

SWH Legacy Consultants LLC

Appointment Coordination • Medical Binder Services • Medical Record Management •
Care Coordination

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